



12301 Old Columbia Pike, Silver Spring MD 20904

Tel: 301.424.1130

www.mannafood.org

referral@mannafood.org

Distribution sites and/or pick-up times:

Manna Market (OCP)
12301 Old Columbia Pike
Silver Spring, 20904

*Indoor **choice pantry***

Monday: 10am-12pm
Tuesday: 10am-12pm,
2 - 5pm
Wednesday: 10am-12pm
Thursdays: 10am-12pm,
2 - 5pm
Fridays: 10am-12pm,
1 - 3pm
1st Saturday: 9am-12pm

Glenmont United Methodist Church (GLEN)

12901 Georgia Ave
Silver Spring, 20906

Outside: in the parking lot

Tuesdays: 3pm-6pm

Salvation Army Center (GERM)

20021 Aircraft DR
Germantown, 20874

Upper parking lot, before Salvation Army and behind Regal movie theater

Wednesday: 2pm-5pm

Gaithersburg Middle School (GMS)

2 Teachers Way,
Gaithersburg, 20877

Outside: in the parking lot by the cafeteria

Thursdays: 5pm-7pm

Colesville Presbyterian Church (CPC)

12800 New Hampshire Ave
Silver Spring, 20904

Choice pantry

3rd Saturday only:
10am-1pm

Pilgrim Church UCC (PCUCC)

2206 Briggs Road,
Silver Spring, 20906

*Indoor **choice pantry***
access through side door*

3rd Monday only:
2:30pm-5:00pm

Manna Choice Market at the Grove (USG)

9631 Gudelsky Drive, USG Lot 2
Rockville 20850

*Indoor **choice pantry***
USG Building IV, Room G318

2nd Wednesday only:
3pm-6pm

HOW TO GET FOOD FROM MANNA:

Montgomery County residents are eligible for **monthly pickups** and **must call to schedule each pick-up**. You may call Manna directly at 301.424.1130 or contact the Department of Health and Human Services at 240.777.0311. Pickups must be scheduled no later than 12pm one business day before the distribution.

When you call, please be prepared to provide information such as household size and household income, date of pick-up and your preferred location from the list below.

At your pick-up: Proof of Montgomery County residence is required: ID, or utility bill, or lease copy, or bank statement, etc.
If you are unable to pick-up your food on the scheduled day, please call us to reschedule your pick-up.

We thank the Montgomery County Department of Health and Human Services and our corporate, individual and foundation supporters.



12301 Old Columbia Pike, Silver Spring MD 20904

Tel: 301.424.1130

www.mannafood.org

referral@mannafood.org

Sitios y horas de distribución:

Manna Market (OCP)

12301 Old Columbia Pike
Silver Spring, 20904

*Adentro,
Distribución de selección*

Lunes: 10am-12pm
Martes: 10am-12pm,
2 - 5pm
Miércoles: 10am-12pm
Jueves: 10am-12pm,
2 - 5pm
Viernes: 10am-12pm,
1 - 3pm
Primer Sábado: 9am-12pm

Glenmont United Methodist Church (GLEN)

12901 Georgia Ave
Silver Spring, 20906

Afuera, en el parqueo

Martes: 3pm-6pm

Gaithersburg Middle School (GMS)

2 Teachers Way,
Gaithersburg, 20877

*Afuera; en el parqueo
junto a la cafetería*

Jueves: 5pm-7pm

Pilgrim Church UCC (PCUCC)

2206 Briggs Road,
Silver Spring, 20906

*Adentro, **distribución de selección**; acceso por
puerta lateral*

3er Lunes de cada mes
solamente:
2:30pm-5:00pm

Salvation Army Center (GERM)

20021 Aircraft DR
Germantown, 20874

*Estaremos en el parqueo,
detrás de Cine Regal*

Miercoles: 2pm-5pm

Colesville Presbyterian Church (CPC)

12800 New Hampshire Ave
Silver Spring, 20904

*Adentro, **Distribución de selección***

3er Sábado de cada mes
solamente:
10am-1pm

Manna Choice Market at the Grove (USG)

9631 Gudelsky Drive, USG Lot 2
Rockville 20850

*Adentro, **Distribución de selección*** USG Edificio IV,
Cuarto G318
2do Miércoles del mes:
3pm-6pm

Para recoger los alimentos, deberá demostrar su residencia legal en el condado de Montgomery utilizando una identificación o alguna factura de alguno de los Servicios Públicos, copia de su contrato de arrendamiento, etc.

Si no puede recoger su comida en el día programado, llámenos para reprogramar su cita.

COMO RECIBIR ALIMENTOS DE MANNA:

Los residentes del Condado de Montgomery son elegibles para **recibir alimentos mensualmente** y deben llamar para programar una cita. Puede llamar a Manna directamente al 301.424.1130 o comunicarse con el Departamento de Salud y Servicios Humanos al 240.777.0311. Las solicitudes de alimentos deben programarse a más tardar las 12 p.m. del día anterior a la distribución.

Cuando llame, favor estar preparado para responder a ciertas preguntas, por ejemplo: su nivel de ingreso y su composición familiar.